

-- ANNUAL REPORT --



**Mane Stream**

Adaptive Horsemanship &  
Equine Assisted Therapies

Meeting the Challenges of 2014



# MEETING THE CHALLENGES OF 2014

## *From the President*



The ancient Greek philosopher Heraclitus said that nothing on this earth remains unchanged over time. The world is always in flux. While Mane Stream is no exception to that basic law of nature, 2014 has brought more challenges for us in one year than we ever expected.

The difficult economic climate of recent years has offered tremendous challenges for everyone. Like nearly all other non-profit organizations we have struggled to raise the funds needed to run our programs. But as we moved into the fourth quarter of the year it became abundantly clear that here at Mane Stream we were going to have to make some painful and important decisions. We needed to cut our budget. And we had to do it without sacrificing our services or losing sight of our mission.

While change is often difficult, it can also bring great things. Sometimes it forces us to be smarter and better. I believe that is what has happened at Mane Stream. Thanks to the hard work and creativity of our staff, volunteers and Board of Directors we are better than we were. And we are well poised to face any and all changes and challenges that may come our way in 2015.

Linda Dietz,  
President of the Board of Directors



# AUDITED FINANCIALS



## The Mane Stream Mission

*To improve the quality of life for individuals with physical, developmental, emotional and medical challenges through diverse programs of equine-assisted activities, equine-assisted therapy and educational initiatives.*

### Income

Donations	\$145,404	16%
Special Events	\$449,426	50%
Program Income	\$152,729	17%
Capital Campaign	\$103,600	12%
Corporate/Foundation	\$28,256	3%
Sales	\$13,328	1%
Interest	\$364	0%
<b>TOTAL INCOME</b>	<b>\$893,107</b>	<b>100%</b>

### Expense

Payroll & Benefits	\$476,690	57%
Special Events	\$96,746	12%
Insurance	\$67,904	8%
Property Purchase	\$46,095	5%
Horses	\$50,641	6%
Utilities	\$20,051	2%
Maintenance	\$9,085	1%
Other	\$71,865	9%
<b>TOTAL EXPENSES</b>	<b>\$839,077</b>	<b>100%</b>



# OUR THERAPY SERVICES

## A Wide Range of Therapies

Our staff includes licensed therapists in a variety of disciplines: Occupational (OT), Physical (PT), and Speech-Language (SLP). All therapists are cross-trained by the American Hippotherapy Association in the application of the horses' movement and behavior of the horse in equine-assisted therapy.

In 2014, they served 40 clients from eight New Jersey counties, ranging in age from 2 to 30. A variety of therapy strategies were used in addressing each client's individual needs and goals.

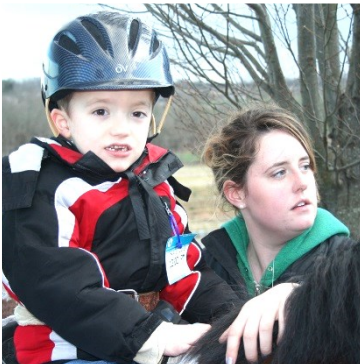
### OUTCOMES:

Clients progress towards goals for functional skills, such as walking, playing with other children and communicating needs and wants. 33 clients showed progress towards their goals and continued progress in therapy. 7 clients met their goals and were discharged from therapy.

OCCUPATIONAL THERAPY



PHYSICAL THERAPY



### Spotlight: A Mane Stream Professional

After 19 years of volunteering at Mane Stream, Melanie Dominko-Richards received her M.S. in Speech-Language Pathology and joined our professional staff.

Her unique experience makes her a valuable member of the team, supporting both our clients and our volunteers.

*"If it wasn't for the horses, staff, and participants that I met at Mane Stream over the years, I would not be the person that I am today. I am forever grateful for the experiences that I have had that led me down the path to being a Special Educator and Speech-Language Pathologist and for the ability to work with such an inspiring population of individuals."*

*- Melanie Dominko-Richards, SLP*

# OUR THERAPY PARTNERSHIPS



*Matthew on Minnie with therapist and volunteers*

## Matthew's Story: The Impact of Equine Assisted Therapy

Three years ago, Matthew could barely clap his hands. He depended on his arms for his trunk posture and sitting balance.

Now Matthew can sit unsupported for up to 15 minutes at a time against Minnie's huge stride going both up and downhill. He can sit firmly as she accelerates and as she halts.

In 2014, Matthew competed at the Track & Fields Nationals in Iowa. He set personal bests in all ten of his individual events and won four Gold and seven Silver medals (including a 4x100m relay)!

## DAYTOP

Daytop, a substance abuse treatment center for teens and young adults, partnered with us in a pilot equine-assisted psychotherapy program, designed to develop behavioral insights and build communication and relationship skills. 10 Daytop students met for 8 weeks in two-hour sessions where a Mane Stream Equine Specialist partnered with a Daytop Mental Health Professional. The program used ground activities with our horses to foster peer interaction.



*Daytop students explore their feelings by using the horses as a blank canvas.*

## MATHENY SCHOOL

14 students from the Matheny Medical and Educational Center in Peapack, New Jersey participate in an 8 week program offered twice a year. The program partners a Mane Stream therapist with therapists from Matheny.

Students experience the movement of the horse, adapted activities in the barn and time in the Mane Stream classroom with their teachers.

*Matheny students paint masterpieces with the assistance of the Mane Stream herd and volunteers.* ➔



# ADAPTIVE RIDING PROGRAM

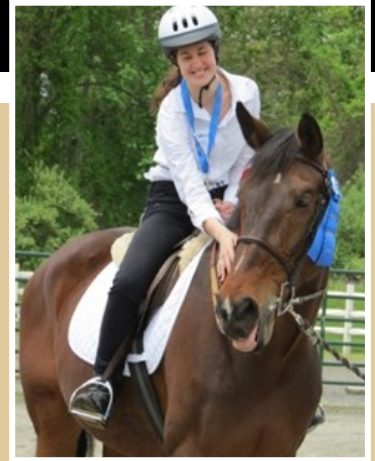
## Learning horsemanship fosters a sense of accomplishment in riders

Mane Stream has been designated as a Premiere Accredited Center of PATH (Professional Association of Therapeutic Horsemanship, International). Our adaptive riding program serves riders with a variety of physical, emotional and cognitive challenges. Participants build new skills and enjoy the pleasures of riding in a safe and fun environment under the direction of a PATH certified riding instructor.

In 2014, 68 clients (including 13 new ones) ranging in age from 4 to 65 and drawn from the counties surrounding Mane Stream, participated in adaptive riding lessons. Our program consisted of 6, five-to-eight week sessions in a group lesson format.

### OUTCOMES:

18 clients from the Adaptive Riding program participated in our Spring Horse Show. Our students has a change to demonstrate a mastery of different basic equestrian skills and exhibit confidence, sportsmanship and control.



2014 HORSE SHOW:  
CELEBRATING THEIR  
ACHIEVEMENTS



# CAMP COLD BROOK

53 CAMPERS — 7 WEEKS OF FUN!



Horses, fun and friendship...  
creating a lifetime of memories  
in just one week.

7 one-week sessions were held for this inclusive summer day camp open to children ages 5-12 years of age with disabilities, their siblings and typically developing children.

Geared towards beginner and novice riders, each session gave an excellent introduction to horses and riding in a safe and secure environment.

Campers received daily riding lessons, learned horsemanship and interactive vaulting skills, and enjoyed painting and washing the horses and creating one-of-a-kind arts and crafts.



**👉 All Camp Cold Brook sessions are designed and supervised by Mane Stream's staff.**

***Playing a supporting role are a crew of volunteers who have been trained to serve as "buddies" to each camper.***

***Buddies assist campers in riding, horse care and craft sessions as needed by the individual participant.***

## BENEFITS OF ADAPTIVE RIDING

Mane Stream's highly trained instructors guide horses and students into beneficial learning opportunities to gain and master new riding skills. Students can progress from riding with assistance to independence improving self-esteem and fostering a sense of accomplishment.



# OUR VOLUNTEERS

## A Special Bond

There is a unique connection between volunteers, participants and horses at Mane Stream. Many who give their time and energy have been with us for years. Others work with us during high school to fulfill their community service requirements. All have a love of horses and a desire to help others.

Our volunteers watch our participants as they advance toward their goals, knowing that they have played an integral role in that progress. Most of them say they have gained as much from the volunteer experience as the participants who are building competence and skill.

**266 Volunteers ➔ 10,389 hours**

An additional 100 volunteers and 3 one-day groups provided 520 hrs. helping with community outreach and fundraising events.



### KEVIN SULLIVAN

#### Dedication & Commitment apparent from day one.

“Given my first-hand experience with a brother in-law who was a quadriplegic and a sister who is now completely disabled with MS, I am hoping to make a small difference to this largely under served population.

I believe Mane Stream differentiates its services through the work of its licensed therapists and have witnessed the progress that their patients make through their individualized programs and their bond is what makes Mane Stream such a special place.

I also believe in both the physical & psychological benefits that working with horses provides. As a fellow equestrian & horse owner enthusiast, I have personally experienced its many gifts.

Lastly, I enjoy being a member of the large volunteer community at Mane Stream. These volunteers come from many different walks of life - from high school students to retirees - but ALL hold in common a belief in Mane Stream's mission.

Mane Stream volunteers are quality people who give selflessly of their time, talent, and treasure. In short, I could not have asked for a better group of people to spend my volunteer time with.”



# OUR FUNDRAISING EVENTS

## RESULTS

\$280.8K  
+52%

\$52.3K  
+18%

\$11.9K  
+82%

\$10.2K  
+75%

This success of our fundraising events is due in large part to our wonderful donors, sponsors and volunteers who believe in Mane Stream's mission to help those with special needs.

## Equus XXIII — Gala Event

This grand evening combines dining, dancing, and live and silent auctions in an elegant setting. It's an event that Mane Stream's benefactors look forward to each year. Hamilton Farm Golf Club was the 2014 venue.



## Boot Scootin' BBQ — Spring Event

A casual evening with emphasis on country cuisine and down home dancing. 2014's sold-out event was held on the Bouman-Stickly Farmstead in Stanton, NJ. In addition to ticket sales, a silent auction and a wish line helped raise funds.

## Tack Sales (Spring & Fall)

Community-wide donations of equine gear provide an inventory that attracts crowds of shoppers every spring and fall. Virtually everything for both horse and rider is available with all proceeds helping Mane Stream.

## Fall Festival Fundraiser

Mane Stream's horses vie for the title of "Great Pumpkin," determined by the number of votes each receives. Fans pledge a contribution with each vote and there's no limit to the number of ballots one can cast. Waverley, a dark bay quarter horse, captured the 2014 crown.



# OUR DONORS

## \$50,000-\$100,000

Alvin and Linda Dietz  
Andrew and Karen Dietz  
Harold and Kathy Kamine

## \$15,000-\$49,999

Peter and Janet Antico  
Robert and Julia Greinfeld  
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## \$10,000-\$14,999

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## \$500-\$999

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George and Kathy Snyder  
The Weglietner Family Fund  
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Tony and Karen Torcivia  
Uwe Trinks  
Sally Walker  
Fred and Meredith Whaley  
Larry White  
Janice Winchester

# LOOKING FORWARD

## Serving New Populations

Mane Stream continues to expand our programs to serve new needs and populations with equine-assisted activities and therapy services.

Two additional offerings have been scheduled for 2015.



**TAKE THE REINS** will provide two different options of ten weekly equine-assisted sessions for veterans and service members who have incurred a physical or mental injury, illness, or wound, coincident with their military service.

Experiential and horsemanship activities will be adapted for each participant's specific needs, abilities and skills, with the purpose of reducing stress and isolation through peer group interaction and establishing a partnership connection with the horse.



*Free to all qualified OIF, OEF, OND veterans and service members, funding is provided through the Wounded Warrior Project. For pre 9/11 veterans, funding may be available through designated Mane Stream funds.*

## HORSES FOR HEALING

is an equine-assisted activities program for those impacted by cancer. Built on a team model, the program will form a support network outside the illness experience through adaptive horsemanship, horse care and bonding time with our horses.

*Working in partnership with the Cancer Support Community of Central New Jersey.*



## **Board of Directors 2014**

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Linda Dietz, *President*  
Cynthia Barkman, *Vice President*  
Kathy Kamine, *Vice President*  
Jill Friedland, *Vice President*  
David McShane, *Treasurer*  
Ralph Tursini, *Asst. Treasurer*  
Jessica Jansyn, *Secretary*

### Directors:

Janet Antico	Karen Kaufhold
Peter Cirignano	Jeanne Rogalin
Mary Dickey	Sheila Tweedie
Julia Greifeld	Wendy Waters

### Emeriti:

Marianne Saladino

## **Mane Stream Staff 2014**

Nichola Redmond, Executive Director  
Kathy Hart, Program Director  
Gina Taylor, OT, Director of Therapy Services  
Ruth Nortje, PT, Physical Therapist\*  
Jennifer Dermody, Equine Manager  
Jeanne Schroder, Business Administrator\*  
Denise Cooke, Communications Coordinator\*  
Carol Ferris, Volunteer Coordinator\*  
Louisa Bartok, Assistant Volunteer Coordinator\*  
Holland Kochanski, Barn Manager  
Melanie Dominko-Richards, SLP, Barn Assistant\*  
Katie Kishel, Barn Assistant\*  
Seth Newton, Barn Assistant\*  
Catriona Coffey, Barn Assistant\*  
Jim Heimbuch, Facility Maintenance\*  
Bill Bippus, Groundskeeper\*

\*Part-time hourly staff

## **Mane Stream**

PO Box 305  
83 Old Turnpike Road  
Oldwick, NJ 08858  
Phone: 908.439.9636  
Fax: 908.439.2338

**ManeStreamNJ.org**  
**info@manestreamnj.org**

